




PREMIERE DANCE PROJECT

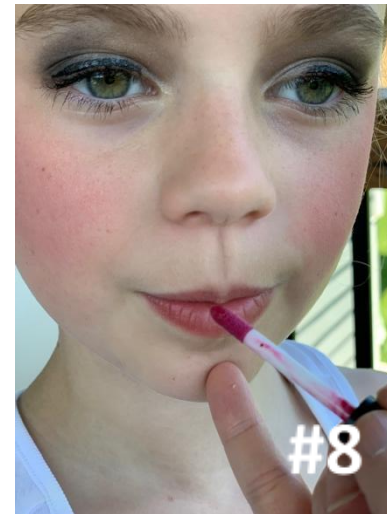
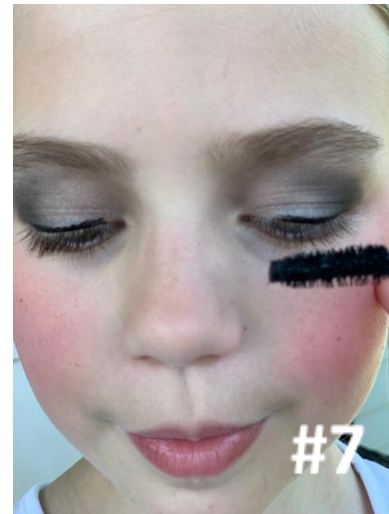
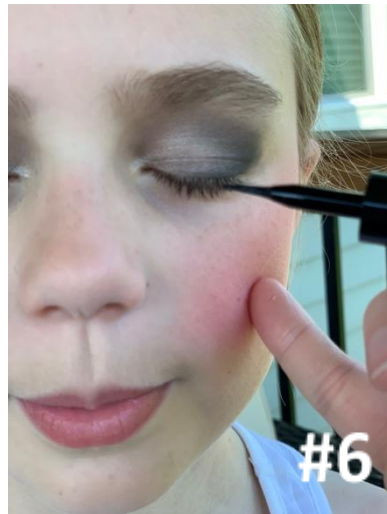
HAIR TUTORIAL

Female dancers are encouraged to wear a hairstyle option that prioritizes their individuality, comfort and diversity above classic standards. Dancers with straight or wavy hair should wear their hair in a **low middle ballet bun** that is parted above the right eye. Dancers with curly/textured hair should wear their hair in a **low middle ballet bun, sleek high/low puff** or a **braided low bun** that is parted above the right eye. All hair styles should be secured very tightly with hair ties, bobby pins, hairspray and style products (gel, oil, conditioner, etc). All hair should remain out of the dancer's face.

<p>LOW / MIDDLE BUN Straight / Wavy Hair</p>	<p>SLEEK HIGH/LOW BUN Textured / Curly Hair</p>	<p>BRAIDED LOW BUN Textured / Curly Hair</p>
<ol style="list-style-type: none"> 1. Start by parting the dancer's hair over the right eye. 2. Secure hair in a low ponytail. 3. Begin twisting the ponytail 4. Wrap hair around the base of the ponytail & secure wrapped hair with hair pins and / or bobby pins. 5. Secure hair with additional style products as needed. (i.e. - hair gel / hairspray) 	<ol style="list-style-type: none"> 1. Prep hair with water and oil as needed. 2. Massage hair oil of choice along the hairline. Lay Edges (if preferred). Use a soft brush to smooth the hair along the perimeter of the hairline. 3. Lay an elastic band on the head like a headband and pull hair into a high or low puff. 4. Use a comb/your hands to create your desired puff shape. 5. Secure hair with additional style products as needed. (i.e. - hair gel / hairspray) 	<ol style="list-style-type: none"> 1. Prep hair with water and oil as needed. 2. Divide hair into desired number of sections based on how many braids the dancer would like. 3. Braid hair in the dancer's preferred method to the end of the hair. 4. Twist the braids into a bun and secure with bobby pins. 5. Secure hair with additional style products as needed. (i.e. - hair gel / hairspray) 

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MAKE-UP TUTORIAL



Begin by applying foundation all over the face. (1) Apply pink blush on the cheekbones. (2) Add a base layer of neutral eyeshadow (3) followed by a darker layer of eyeshadow (4). Finally, add the darkest layer of eyeshadow on the outside corners of the eyes. (5). Apply eyeliner on the upper lash-line (6) followed by mascara (7). Finish by applying dark red lipstick to the lips. (8)